



**NHS**

Great Ormond Street  
Hospital for Children  
NHS Foundation Trust

## Having an EGG (Easy Read)



Your digestive (said: dy-jess-tiv) system is a long tube that goes from the back of your mouth all the way to your bottom. When you eat or drink something, it travels through this tube and all the goodness is taken out so your body can use it. Anything left over comes out of your bottom as poo.



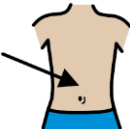
Your digestive system squeezes to push what you eat and drink through this tube. This test looks at the signals that make it squeeze.



You will have to stop taking some medicines 2 days before the test. The nurses will tell you which ones.



You will not be allowed to eat or drink anything for a few hours before the test.



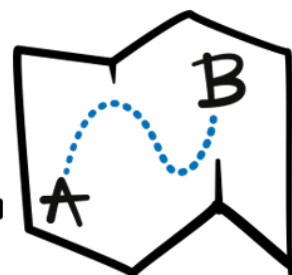
The nurse will put some blue stickers on your tummy. They will then connect them to a computer with wires.



You will have to stay still while you are having the test. You can read or play quietly.

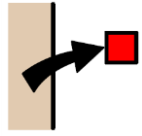


You must not use a mobile phone or tablet computer. This could confuse the signals.





After an hour, we will give you your packed lunch to eat while the computer is still recording the signals.



The nurse will remove the stickers at the end of the test. If your skin is a bit sticky, you can wash it with soap and water when you get home.



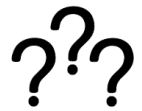
You can start taking your medicines when the test has finished.



You can eat and drink as normal too.



The doctors will write a report about the test and results.



Please ask us if you have any questions.

